

**Reno Association for The Education of Young Children  
and T.E.A.C.H. Early Childhood® Nevada  
Mini-Conference**

November 7, 2009  
Session Titles and Descriptions

**Prioritize session choices (1,2,3) on the registration form for each time slot. Class space is limited. Space is determined on a first come, first served basis**

**Session A 8:00-11:00 a.m.**

**Title:** Pre-K Standards: Creative Arts

**Trainer:** Tina Springmeyer

Let's get Creative:

Come have fun and learn how to implement the Nevada Pre-K Creative Arts Content Standards. Participants will engage in hands-on activities, small group discussions and they will learn how to implement them into their Pre-K Curriculum.

**Session B 8:00-11:00 a.m.**

**Title:** Born Learning and Media Wise

**Trainer:** Jennifer Tappan

Why does early learning matter? We will explore how children learn, and how we can spark and nurture early learning. Then we will review and discuss the latest research on the influence of media on children. Topics include: brain development, parent involvement, and more.

**Session C 8:00-11:00 a.m.**

**Title:** Play Therapy

**Trainer:** Jill Packman PhD. and Andrea Doran

Utilizing play therapy techniques of empathy, choice giving and limit setting to help caregivers build better relationships with children. Through enhanced relationships children are more receptive to boundaries and develop regulation, self efficacy, and self esteem.

**Session D 12:15-2:15 p.m.**

**Title:** Signs of Illness

**Trainer:** Rebecca Gonzales

This is a 2-hour interactive presentation which focuses on the identification, spread, and prevention of common communicable diseases in the child care setting. National recommendations for promoting health & hygiene, cleaning, excluding children/caregivers, and new Washoe County licensing regulations will be discussed. This course meets the requirement for 'Signs of Illness' as required in WCSS regulations.

### Session E 12:15-2:15 p.m.

**Title:** To refer or not to refer, that is the question!

**Trainer:** Shawna Ross, M.S., CCC-SLP

Participants will review developmental milestones of children 2 to 5 years of age and gain a better understanding of how Speech and Language Pathologists work on early intervention strategies. Additionally, we will review a list of red flags for teachers to be aware of along with milestones for speech, language use, and language understanding.

### Session F 12:15-2:15 p.m.

**Title:** Pre-K Standards: Music and Movement

**Trainer:** Peggy Pulver

Participants will learn about the Nevada Pre-K music and movement content standards. They will engage in small group discussions, hands-on activities and meaningful discussion.

### Session G 2:30-5:00 p.m.

**Abuse and Neglect**

**Trainer:** Cindy Johnson

Meeting the requirements of child care licensing, this interactive training will help participants to identify signs and symptoms of child abuse and neglect, when and how to report, how to deal with disclosure and confidentiality, and how to include prevention techniques in your programs and curriculum.

### Session H 2:30-5:00 p.m.

**Yoga for the Special Child and Take a Breath: Calming Techniques for Providers**

**Trainer:** Kathleen Randolph

This workshop provides an introduction to the Yoga for the Special Child™ program. Participants will learn the benefits of yoga for all children, with a focus on those with a special needs diagnosis. Although participants cannot become yoga teachers in an hour, I will present a sample Yoga for the Special Child™ class for the stage of development of most interest to the participants so they can evaluate the benefits of the program. Additionally, this class provides simple, easy to do anywhere techniques for stretching and breathing to bring release of tension and self-calming. Learn ancient yoga breathing techniques to self calm, relieve stress, alter your mood, cope with chronic pain and get a good night's sleep.

### Session I 2:30-5:00 p.m.

**Virtual Pre-K: Family Engagement Program**

**Trainer:** Rechelle Murillo

Virtual Pre-K is a free tool that is designed to prepare children for success in kindergarten. Classroom lessons and at home activities engage children, parents and teachers in fun learning experiences. Come be a part of this new and exciting program for parents, child care providers and family providers. This workshop will feature new ideas and hands-on activities to use in the home or classroom.



Reno Association for the Education of Young Children and T.E.A.C.H. Early Childhood® Nevada  
Mini-Conference  
November 7, 2009  
Truckee Meadows Community College, Sierra Building  
Reno, Nevada

Name: \_\_\_\_\_ (One person per form)

Facility: \_\_\_\_\_ Home Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ (Required to confirm registration)

<b>8:00 a.m.-11:00 a.m.</b>	<b>Prioritize session choices by (1, 2, 3) in box to right of sessions.</b>	
	Session A: <i>Pre-K Standards: Creative Arts</i>	
	Session B: <i>Born Learning and Media Wise</i>	
	Session C: <i>Play Therapy</i>	
<b>11:00 a.m.-12:00 p.m. Lunch provided by TEACH and RAEYC Sierra room 108</b>		
<b>12:15 p.m.-2:15 p.m.</b>	<b>Prioritize session choices by (1, 2, 3) in box to right of sessions.</b>	
	Session D: <i>Signs of Illness</i>	
	Session E: <i>To refer or not to refer: That is the question!</i>	
	Session F: <i>Pre-K Standards: Music and Movement</i>	
<b>2:30 p.m.-5:00 p.m.</b>	<b>Prioritize session choices by (1, 2, 3) in box to right of sessions.</b>	
	Session G: <i>Abuse and Neglect</i>	
	Session H: <i>Yoga for the Special Child and Take a Breath: Calming Techniques for the Provider</i>	
	Session I: <i>Virtual Pre-K: Family Engagement Program</i>	

Pre-registration fee: (payment must be postmarked by 10/24)

\_\_\_\_\_ \$ 15.00 RAEYC Member (valid membership number required: (\_\_\_\_\_))

\_\_\_\_\_ \$ 20.00 Non-member

On- Site Registration: Members \$25.00 Non-members \$30.00.

**Make check or money orders payable to RAEYC.**

- Only complete registration forms will be accepted.
- All classes approved by the Nevada Registry and the Nevada Department of Education.
- Receive 7.5 Registry Credit Hours or .5 In-Service Credit for attending the whole day.

**Send registration with check or money order to:**

RAEYC, P.O. Box 11421, Reno, Nv. 89510-1421

For Questions, please contact: 775-327-5632

**THANK YOU STARBUCKS ON 5<sup>TH</sup> STREET FOR DONATING COFFEE AND HOT COCOA!**